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HONG KONG













Where To Buy Gluten Free Food And Bread In Hong Kong?

Ultimate Guide To Gluten-Free Food Delivery Hong Kong



For those who follow a gluten-free diet, it can be tricky for people of this city to find the right shops offering a good selection of gluten-free items. Luckily over the last few years, the selection has become bigger and tastier!

Little Steps has created this handy list of shops, bakeries, supermarkets, and online retailers that supply gluten-free bread and food in Hong Kong, so you don't have to do the research. Happy shopping!

Want more online food and drink in Hong Kong?

- Top Restaurant Delivery Apps And Food Delivery In Hong Kong
- Online Alcohol Delivery In Hong Kong
- Wine Delivery In Hong Kong
- Coffee Delivery In Hong Kong
- Milk Delivery In Hong Kong

- Meat, Seafood, And Butchers In Hong Kong
- Vegetable And Fruit Delivery In Hong Kong
- Best Spice Stores That Deliver Ingredients In Hong Kong
- Where To Buy Cheese + Cheese Delivery In Hong Kong

★ Featured



GOURMET REBELS: Gluten-Free Options From Around The World

Where To Buy Gluten Free Food In Hong Kong?

Welcome to Gourmet Rebels, your exquisite online haven for gluten-free indulgence and gourmet essentials. Immerse yourself in a curated collection of premier global brands, a Hong Kong treasure trove exclusively unveiled by Gourmet Rebels. Elevate your snacking and culinary escapades with iconic names like Nudie Snacks - a symphony of health, taste, and high-protein, gluten-free charm.

Explore their pulse-powered paradise, showcasing lentils, chickpeas, broad beans, and split peas – a bounty that fills lunchboxes, fuels workdays, and transforms your home pantry into a haven of wellness. Unleash your culinary rebel today! Savor the thrill of 15% off and free delivery using code LS15.

Gourmet Rebels,

www.gourmetrebels.com/collections/glut en-free

★ Featured

SPICEBOX ORGANICS: Gluten-Free Options In Store, Café & Catering Menus

Where To Buy Gluten Free Food In Hong Kong?

SpiceBox Organics, a staple in Hong Kong for over a decade, excels in gluten-free offerings, reflected across their organic products, café, and catering menus. Emphasizing freshness, their bakery crafts made-to-order gluten-free bread, cookies, crackers, and cakes. An added bonus? All ingredients are free from artificial additives, colors, or preservatives, ensuring wholesome goodness. Whether in-store or online,



healthy choices in Hong Kong.

SpiceBox Organics

137 Caine Road, Golden Valley Mansion, Mid Levels, Hong Kong, +852 2559 9887 | 39-45 Hau Wo Street, Kennedy Town, Hong Kong, +852 2191 0886 | Shop G10, Capri Place - O'South Coast, Tseung Kwan O, Hong Kong, +852 3485 8393, info@spiceboxorganics.com, www.spiceboxorganics.com

SLOWOOD: Gluten-Free Selection Online + Retail Stores Across Hong Kong

Where To Buy Gluten Free Food In Hong Kong?

We love the vast and eco-friendly selection at Slowood. Slowood offers a vast selection of gluten-free produce, from spreads to pasta to snacks. You will surely find what you need here! Make sure to check out their amazing delicious pasta sauces from Mr. Organic and the various flavors of Soffle's Pitta Chips, they are so good! They have various stores across the city and a user-friendly website making gluten-free bulk shopping easier than ever.

Slowood, Retail shops across Hong Kong, www.slowood.hk/collections/gluten-free

IHERB: Gluten-Free Online Grocery That Delivers In Hong Kong

Where To Buy Gluten Free Food In Hong Kong?

iHerb is our go-to site when we can't find our favorite product in the store. With over 350,000 items to choose from, they will probably have what you're looking for. They have an extensive gluten-free section. So if it's flour, biscuits, pasta, sauces, pancake mix, cereals, and so much more, they will likely have what you're looking for. They have affordable shipping options if you buy in bulk and delivery takes only one week.

iHerb, www.iherb.com

GREEN COMMON: Gluten-Free Selection At Retail Stores Across Hong Kong + Online

Where To Buy Gluten Free Food In Hong Kong?

Green Common has been a long-time favorite shop for HK dwellers who are vegan, dairy intolerant, or follow a gluten-free diet. Green Common's revolutionary foods and food-tech innovations enable them to provide and distribute organic, plant-based, and natural food alternatives that are sustainable and tasty. They offer a good selection of gluten-free products that can be purchased from their site with home delivery or from any of their retail shops scattered across the city.

Green Common, www.greencommon.com

LIVE ZERO: Gluten-Free Shopping In Sai Ying Pun And Sai Kung + Online Purchase

Where To Buy Gluten Free Food In Hong Kong?

Shop at Live Zero, Hong Kong's very first zero-waste bulk food store. They are amazing and here to help us achieve a zero-waste lifestyle with a wide range of equally beautiful