

August 19, 2024

What's On HKG: Vegan Demo Cooking Class, Limited-time Menus, & More

by: The Beat Asia

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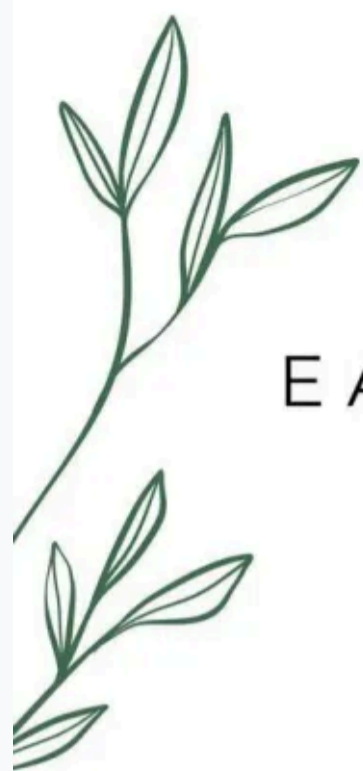
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This week in Hong Kong, a tantalizing array of culinary events promises to delight food enthusiasts with unique and flavorful experiences. Spice up your cooking skills with a Vegan Demo Cooking Class led by Punam Chopra at SpiceBox Organics, or dive into the art of chocolate making with a hands-on Bean-to-Bar workshop at Conspiracy Chocolate.

For those with a penchant for diverse flavors, indulge in the Japanese x Korean Double Enjoyment Dinner Buffet or explore the "Harmony and Fusion of Japanese Cuisine" Seafood Dinner Buffet for a spectacular selection of oceanic delights. This week's lineup offers the perfect blend of learning, celebration, and

2. Vegan Demo Cooking Class with Punam Chopra



spice
BOX
organics

EATING FOR THE FUTURE:

A Journey Into Plant-Based Cuisine

Vegan Demo Cooking Class with Punam Chopra



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HKG ▾

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fuel your body with the power of plant-based, vegan ingredients! Join Punam Chopra, Founder of SpiceBox Organics, in this exciting demo cooking class where you'll discover delicious and nutritious international recipes.

On the Menu:

- Savory Oat Poha, A Nutritious Breakfast
- An International Mix of Mezze, Multigrain Flatbread, and Dips
- Tempeh Kimchi Fried Rice, A Main Course with a Korean Flair

Discover how eating for the future can be a delicious and sustainable journey.

Thursday Aug 22
6:30 PM - 8:30 PM
\$200 per person

*Includes \$100 SpiceBox Organics store credit

137 Caine Road,
Mid-Levels




RSVP

QR Code or

spiceboxorganics.com/events/

Discover the joys of sustainable cooking! Join Punam Chopra for a Vegan Demo Cooking Class on Aug. 22 from 6:30 PM to 8:30 PM at SpiceBox Organics, Caine Road, Hong Kong. Learn to create flavorful plant-based dishes like Oat Poha, Hummus with multigrain roti, and Kimchi Fried Rice in this unique cooking class. Tickets are priced at HK\$200 (includes HK\$100 store credit). Click the event card below for more details!

The List



Embark on a culinary adventure that will fuel your body with the power of plant-based, vegan ingredients! Join Punam Chopra, Founder of SpiceBox Organics, in this exciting demo cooking class where you'll discover delicious and nutritious international recipes.

On the Menu:

- Savory Oat Poha, A Nutritious Breakfast
- An International Mix of Mezze, Multigrain Flatbread, and Dips

Hong Kong

Vegan Demo Cooking Class with Punam Chopra

SpiceBox Organics - Organic Food Store & Café, Caine Road
Thu, August 22
6:30 PM - 8:30 PM

A Journey into Plant-Based Cooking with Punam Chopra on Thursday, August 22, 2024, 6:30 PM - 8:30 PM at SpiceBox...

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3. Inner Child Healing Workshop with Kelly Chen



Website/Eventbrite

Join the Inner Child Healing Workshop with Kelly Chen on Aug. 24 from 3 PM at PMQ - Staunton, Central. Explore your emotions and memories through therapeutic art in a supportive environment. Reconnect with your playful spirit and embark on a journey of self-discovery. Limited spots available. Tickets: HK\$350 per person, with HK\$100 redeemable as shopping credits. Sign up now!